## Elizabeth Lee Black Gluten Free Lunch Menu

## **April 2024**



					THE NUTRITION GROUP
<u>1.</u>		<u>2.</u>	<u>3.</u>	<u>4.</u>	<u>5.</u>
GF (	Lunch Grilled Chicken Patty on a Bun Green Beans Assorted Fruit Milk	<u>Lunch</u> GF Cheeseburger on a Bun TNG Baked Beans Assorted Fruit Milk	Lunch GF Pasta & Meatsauce Steamed Peas Assorted Fruit Milk	<u>Lunch</u> Diced Chicken w/ GF Pasta Mashed Potatoes Assorted Fruit Milk	Lunch Gluten Free Cheese Pizza Steamed Broccoli Assorted Fruit Assorted Jello
0		0	10	44	Milk
<u>8.</u>	NO SCHOOL	9. Lunch Sloppy Joe w/ Rice Steamed Carrots Assorted Fruit Milk	Lunch  Diced Chicken w/ GF Pasta Steamed Green Beans Assorted Fruit Milk	Lunch GF Sweet & Sour Diced Chicken w/ Rice Steamed Broccoli Assorted Fruit Milk	Lunch Gluten Free Cheese Pizza TNG Baked Beans Assorted Fruit Assorted Jello Milk
<u>15.</u>	Lunch GF Shepards Pie Steamed Green Beans Assorted Fruit Milk	Lunch BBQ Grilled Chicken w/ Rice Steamed Broccoli Assorted Fruit Milk	17.  Lunch  GF Macaroni and Cheese w/ GF  Bread  Baked Beans  Assorted Fruit  Milk	Lunch  Diced Chicken w/ GF Pasta Steamed Carrots Assorted Fruit Milk	Lunch Gluten Free Cheese Pizza Steamed Peas Assorted Fruit Assorted Jello Milk
<u>22.</u>	Lunch Sloppy Joe w/ Rice Steamed Carrots Assorted Fruit Milk	<u>Lunch</u> BBQ Pork w/ Rice  Mixed Vegetables  Assorted Fruit  Milk	<u>Lunch</u> Orange Kissed Chicken w/ Rice Steamed Broccoli Assorted Fruit Milk	<u>Lunch</u> GF Pasta & Meatsauce Steamed Carrots Assorted Fruit Milk	<u>Lunch</u> Gluten Free Cheese Pizza Seasoned Refried Beans Assorted Fruit Assorted Jello Milk
<u>29.</u>	<b>Lunch</b> Hamburger w/ Rice Steamed Broccoli Assorted Fruit Milk	<u>Lunch</u> Diced Chicken w/ Rice Steamed Green Beans Assorted Fruit Milk			

**Lunch Milk Choices Daily:** 

## MENUS SUBJECT TO CHANGE

In order to qualify for a reimbursable lunch this meal must include the following components:

Meat/Meat Alternate, Fruit, Vegetable, Grains, Milk.

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